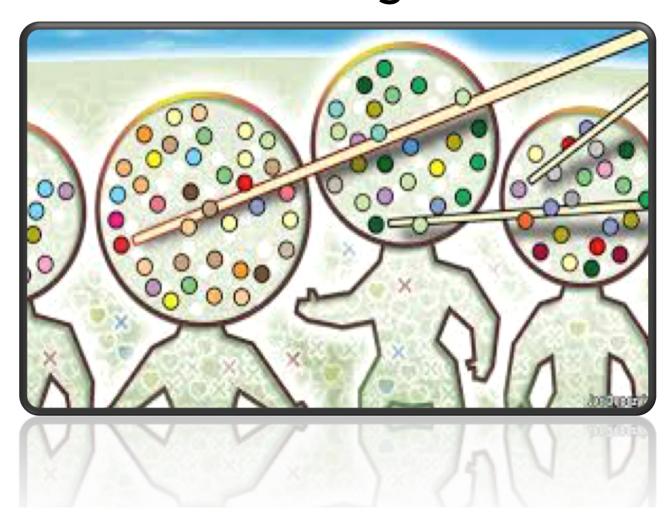
## Nudge Nudge, Think Think -Use Behavioural Science Not Your Gut To Get Things Done



### Staff

- Inertia loss is twice as bad as gain
- Change when counts
- Your greatest weapon
  - the love bomb



# Meetings and Interviews

- Grade candidates then use your gut
- Park your bum in the right place
- Talk tactics with an ally
- The room matters too
- Feel wind in your hair



## Yourself

- The nudger matters
- Change is good



#### Reading

Thinking Clearly - Rolf Dobelli

Nudge: Improving Decisions About Health, Wealth and Happiness - *Richard Thaler* 

Thinking Fast and Slow - Daniel Kaheneman