



FISH PHILOSOPHY!



MARY JANE'S STORY

- ▶ Insurance Company in Seattle
- ▶ Needed money
- ▶ Third Floor Toxic Dump
- ▶ Ended up in Pike Place Fish Market at lunch break
- ▶ Having fun and selling loads of fish
- ▶ Discovered four principles the fish sellers use every day
- ▶ Got agreement from Third floor to adopt same principles
- ▶ Transformed Third Floor

MY STORY

- ▶ 2007 - Friend
- ▶ 2008 - Staff Member
- ▶ 2009 - Staff Meeting
- ▶ 2010 - Oz \$5,000 CPD Fund per teacher!
- ▶ 2015 - OZ facilitators / invitation from staff
- ▶ 2016 - Croke Park / DIY.





PIKE PLACE FISH MARKET

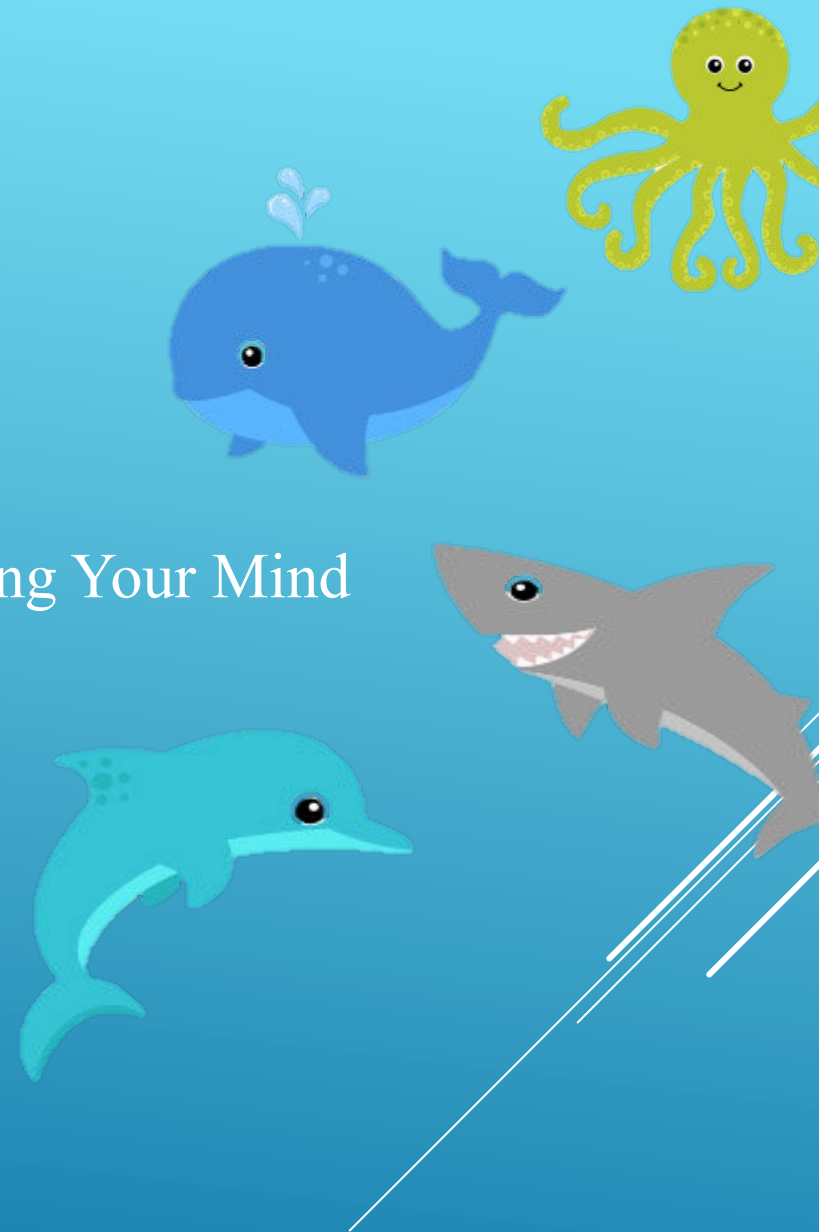
- ▶ Short Clip
- ▶ Play from 22 secs to 1m 35 secs



OUR STORY

10 year incubation:

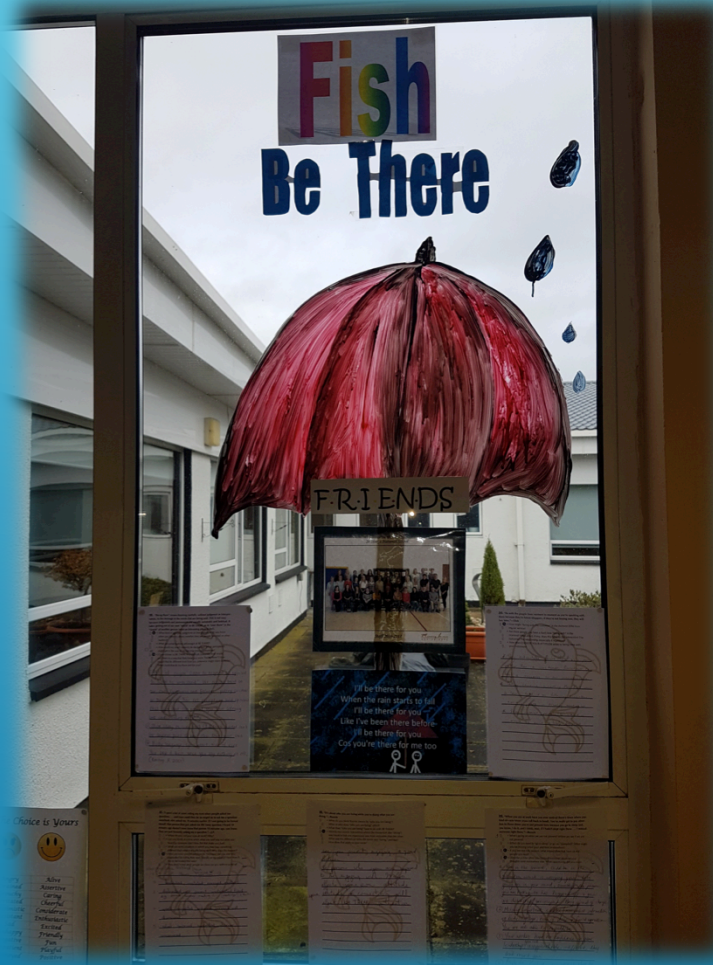
- ▶ Declan Coyne Red/Green Platform
- ▶ ICEP Dr Moya O'Brien-Happiness
- ▶ Shane Martin - Resilience
- ▶ Dr Fergus Heffernan - Manage Your Life By Managing Your Mind
- ▶ Invitation
- ▶ 4 separate Croke Park Hours
- ▶ DIY not OZ facilitators
- ▶ Whole Staff-caretaker, Secretary, SNA's, HSE staff
- ▶ Very simple to produce a package that suits us
- ▶ NB Discussion and sharing



CHOOSE YOUR ATTITUDE



BE PRESENT



MAKE THEIR DAY

Thank you for
your help today

Thanks for being
so hardworking

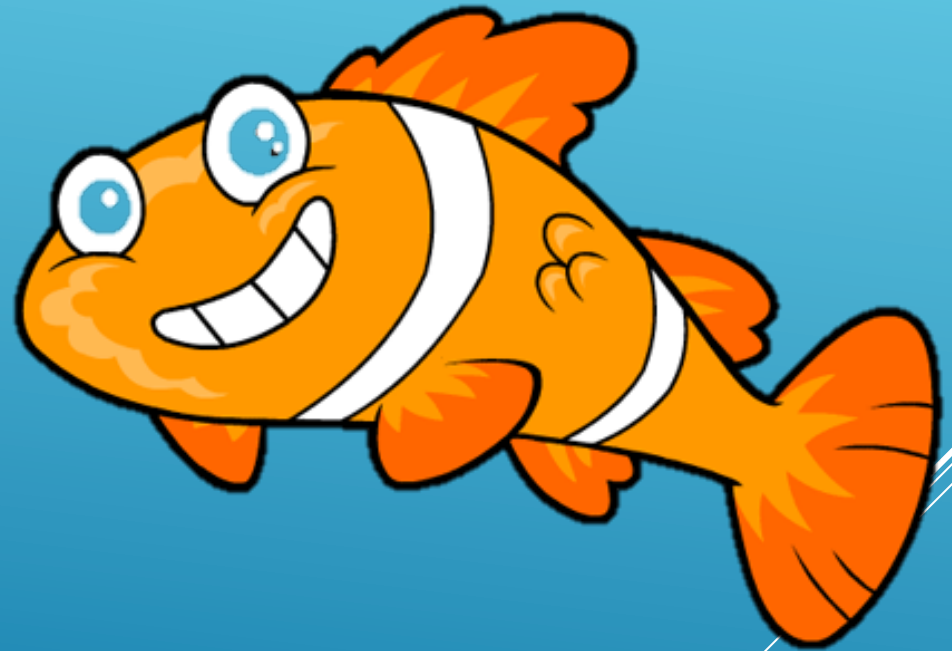


You were very
thoughtful

PLAY

Format

1. Warm-up Activity
2. Story from Book
3. Show Video Clip
4. Discussion documents
5. Feedback
6. Surprise!



Vision



Is Féidir Leat!

